



Week 1 | Overview & Apprenticeship

Discipleship Group Guide

As we go through this series, these spiritual practices are meant to be lived out and discussed in community. Chances are that we will see growth and transformation as we work through these spiritual practices, but we will likely experience some difficulties and challenges as well. This is the reason we suggest that discipleship groups get together to discuss what life looks like as we seek to be with Jesus, become like Jesus, and do what Jesus did.

Ideally, these groups will be made up of 3-5 people of the same gender and will meet twice a month. These discussions will be personal, so look to meet with friends that you will feel comfortable opening up to.

As you meet with your group this week, discuss:

- **What are some spiritual practices you are excited about diving into?**
- **Is there anything about the idea of these spiritual practices that makes you uneasy or unsure?**
- **When you think about the categories of: being with Jesus, becoming like Jesus, and doing what Jesus did, is there an area that you feel like you tend to focus on more than others? How has this affected your spiritual life? In which of those three areas do you feel like the Holy Spirit might want bring about growth in your life?**
- **What do you think of the idea of the Christian life as an apprenticeship? How does this compare to what you have been taught regarding the Christian life?**