



WORKING THROUGH OUR PAST DEALING WITH SHAME

Week 10 | Working Through Your Past: Dealing With Shame Gospel Community Leaders Guide

Pray

As you begin, pray with your group. Pray that your group would be able to identify areas of shame in their lives, surrender these areas to the Lord, and trust His restoring work.

Discuss

Discuss this week's sermon and the following questions:

The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the Lord's favor, and the day of vengeance of our God; to comfort all who mourn; to grant to those who mourn in Zion—to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the Lord, that he may be glorified. They shall build up the ancient ruins; they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations.

- Isaiah 61:1-4

- **Why is shame such a big deal in our discipleship with one another? What problems does it cause? What would it be like to experience a culture of freedom from Jesus?**
- **Take some time as a group and have people find stories of God moving towards people in their shame in Scripture. Read three or four of these out loud together. What do they have in common? What do they uniquely reveal? What application does this have for us as a group?**
- **Is shame an uniquely Christian experience? How might God want to use these truths to help us be missionaries to our culture?**

Pray for faith and freedom together. If possible, sing a few songs together that declare our freedom in Christ.

