



Week 2 | Scripture as Communion

Discipleship Group Guide

As you start your discipleship group, pray for each other. Pray that God would continue to teach and transform us as we go through these Spiritual practices. Pray that your group would feel the freedom to be honest about where you have grown this week and where you have faced difficulties.

Discuss:

- **How is the practice of meditating on Scripture natural for you? How is it difficult?**
- **What do you think of the idea of reading Scripture for "depth," not "width"? Is this how you have been encouraged to approach Scripture in the past?**
- **How do you think God wants to transform you personally through the practice of reading and studying Scripture?**
- **Are you more comfortable with the idea of using Scripture just to obtain knowledge rather than being transformed by it?**
- **Did you gain any insight or hear anything in particular from God through the exercises this week?**

"The Word of Scripture should never stop sounding in your ears and working in you all day long, just like the words of someone you love. And just as you do not analyze the words of someone you love, but accept them as they are said to you, accept the Word of Scripture and ponder it in your heart, as Mary did. That is all. . . . Do not ask "How shall I pass this on?" but "What does it say to me?" Then ponder this word long in your heart until it has gone right into you and taken possession of you." - Dietrich Bonhoeffer