



Week 3 | Prayer: Our Father

Discipleship Groups

As you start your discipleship group, pray for each other. Pray that God would continue to teach and transform us as we go through these Spiritual practices. Pray that your group would feel the freedom to be honest about where you have grown this week and where you have faced difficulties.

- **How is the practice of prayer natural for you? How is it difficult?**
- **How do you think God wants to transform you personally through the practice of prayer?**
- **Did you gain any insight or hear anything in particular from God through the exercises this week?**
- **How have you personally seen that how you view God shapes how you pray?**